



**ELEVATION**  
**OUTDOORS**

# LEARN TO SHRED



## PROGRAM IMPACT REPORT

January - March 2025

# THE PROGRAM

## Program Description

In 2025, our expanded Learn to Shred program served 30 equity-deserving youth. Half the youth were brand new to snowboarding and the other half were returning for another season to continue to build their skills, in our Shred More group.

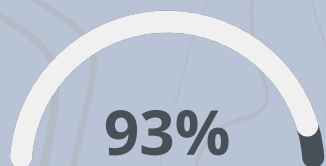
## Our Goals are to...

1. Enhance physical health through outdoor activity.
2. Improve confidence, resilience, and emotional regulation.
3. Strengthen social connections and reduce isolation.
4. Receive positive feedback from participants, caregivers, and partner organizations, demonstrating the project's impact.

## Demographics



of program participants identified as a member of the BIPOC community, including Indigenous and Metis youth



of program participants accessed the program on a full scholarship, meeting eligibility criteria such as being from low-income families, in foster care, or identifying as Indigenous



# REMOVING BARRIERS

## Seasons Passes

All the youth who completed the program are eligible to receive a season's pass to Big White Ski Resort for the year following their participation in program. This expensive benefit eliminates the greatest barrier to snowboarding for many!

## Equipment

Youth were provided with all the necessary equipment for the duration of the program. Three dedicated youth were even awarded a complete gear package to take home, to keep up their newfound passion!



## Food & Fun



Food was provided on all programs to ensure participant's basic needs were met. Elevation Outdoors fostered a fun and safe atmosphere, helping youth to open up and make friends.



**ELEVATION**  
OUTDOORS

# THE IMPACT

## Moving the Needle

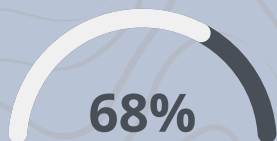


of participants reported that the program made snowboarding accessible.



11%

increase in measures of self-confidence across participants.



of participants made new friends!

## In their own words...

**When asked about the impact of our program, participants and their parents said:**

*"I feel that it has gave me more self confidence in snow boarding and grew my communication skills" - MK, Participant*

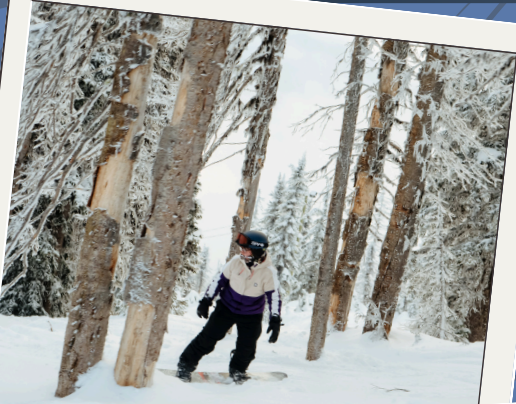
*"These programs have provided for my children opportunities that I could not provide for them myself. Getting outside in the open fresh air, exerting themselves physically all day and enjoying it, being able to partake in group activities with awesome young role models providing for active demonstration of leadership, social-emotional, and communication skills: speaking as a parent, who could ask for anything more?!" - KM, Parent*



**ELEVATION**  
OUTDOORS



# GALLERY



**ELEVATION**  
OUTDOORS

# THANK YOU!

None of this would be possible without supporters like you.  
Thank you for all that you do! To continue to support this  
work in your community, visit:  
[elevationoutdoors.ca/donate](https://elevationoutdoors.ca/donate)



United Way  
British Columbia

Working with communities in BC's  
Interior, Lower Mainland, Central  
& Northern Vancouver Island



Outdoor Recreation  
Council of BC



Want to see the fun we had?  
Check out our Instagram [here!](#)



ELEVATION  
OUTDOORS